

# LUNCH

(le Déjeuner will be served from 11.30AM - Le Déjeuner is not served on Sundays)

## Le Plat du jour \$ 11.50

*Served with a green organic salad*

*Tuesday:*

### Couscous Royal

A Moroccan national treat, cracked wheat, Chicken, merguez, meatballs, veggies and of courses hot harissa

*Wednesday:*

### Ricotta Ravioli

With our homemade fresh tomato basil sauce

*Thursday:*

### Chef's Fancy Day

Whatever Laurent will choose to fix for you...  
Just ask your server!

*Friday:*

### La Crêpe du Jour

A delicious French crêpe with a savory filling

*Oon ba*

## Salades \$10.25

### Smoked Salmon and Pear

Pear wedges wrapped in smoked salmon, mixed greens, tomatoes and toasted pine nuts.

### Mango and Shrimp Tropical

Chilled bay shrimp, wild greens, tomato, mango and avocado with raspberry vinaigrette.

### Tutti Frutti

Grilled pineapple, apple, mango, avocado, pecan on spring mix with our raspberry vinaigrette.

*Add Chicken \$1.75 Add Shrimp \$ 2.00*

### Biquet

Goat cheese, grilled chicken, tomatoes, avocado, pine nuts on top of our organic greens with house vinaigrette.

### Grapefruit and Spinach

Lettuce, spinach, grapefruit, and avocado with our vinaigrette...grilled chicken or shrimp.

### Salade Niçoise

Tuna, hard boiled eggs, green beans, tomato, olives, anchovies served over greens with a mustard dressing.

## La Quiche \$ 9.50

- Lorraine: ham and Swiss,
  - Leek and goat cheese,
  - Onions, olive, sun dried tomatoes,
  - Spinach and feta cheese
- served with salad and gratin dauphinois.

## Dijon Chicken \$10.25

Grilled chicken breast, Dijon mustard cream sauce, served with salad and scalloped potatoes.

## Soupe du Jour \$3.95

Always something savory...ask your server

## Sandwiches \$9.75

*Served with potatoes, fruit salad or mixed greens.*

*On baguette, country bread or the bread of the day...*

*On croissant \$1.00*

### Le Bistrot Club

Smoked turkey, avocado, turkey bacon, Swiss cheese, cilantro mayo.

### Le New Yorker

Smoked salmon, cream cheese, tomato, lettuce, capers, caramelized onions.

### Le Veggie Club

Spinach, tomatoes, caramelized onions, roasted eggplant, grated zucchini, avocado, sun dried tomatoes with a garlic mayo.

*Add mozzarella \$1.00 Add turkey \$1.50*

### Le Jambon Beurre

Baguette with butter, a slice of ham, a slice of Swiss...that's it!

### Le Cocotte

Grilled chicken breast, tomatoes, lettuce, sun dried tomatoes, mayo.

*Add goat cheese \$ 1.75*

### Le Croque Monsieur

A to-die for classic bistrot grilled ham, Swiss and béchamel sandwich.

### Le Croque Madame \$10.75

A croque Monsieur with a sunny side up egg.

## Le Sandwich du Jour \$10.75

Ask your server about our extra special sandwich...

Always delicious of course! Served with potatoes and salad.

## Pasta \$ 9.75

*Add chicken \$1.75*

**Florentine:** Spinach, cream, parmesan, feta

**Pomodoro:** Sun dried tomatoes, cream, fresh basil, thyme and parmesan

**Gorgonzola:** Blue cheese, cream, parmesan

**Omelette available all day.**

**Take a look at the Breakfast menu...**

*Any substitution \$1.00 Split order \$ 1.00*